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# JAPANESE FOOD

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## Marinated Japanese Leeks

Japanese leeks marinated in a white wine-based soup have a simple yet deep flavor, and the black peppercorns add a beautiful accent. An easy appetizer your guests will love!



Photographed by Akio Takeuchi



\*You will leave the NHK website.



Recipe by  
Harumi Kurihara

### Easy

Vegetables

Healthy

Party

35kcal

30minutes

Calorie count is per serving.

### Ingredients (Serves 4)

4 [Japanese leeks](#) (400 g net)

400 ml soup

\*Dissolve 2 tsp granulated soup stock (Western) in 400 ml of hot water.

- 50 ml white wine
- 1 bay leaf
- 1/2 tsp black peppercorns
- A pinch of salt
- Olive oil, as desired

**Directions**

**1**

Cut the leeks into 6-7 cm lengths.

**2**

Pour the soup and white wine into a pot and bring to a gentle boil. Add the leeks, bay leaf and black peppercorns, and return to a boil. Cover with a drop-lid and simmer for approx. 20 minutes over low heat.

**3**

Add a pinch of salt to taste, turn off the heat, and set aside to allow the leeks to absorb the flavor. Plate and pour the soup over top as needed. Drizzle some olive oil on top to taste.



**Vegetables**



| Difficult |



| Average |



| Average |

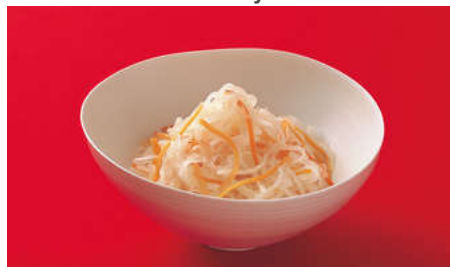
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| Easy |

**Mapo Tofu**

**Healthy**



| Easy |

**Savory French Toast Salmon Sandwich**



| Easy |

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| Average |

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| Difficult |

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| Average |

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